

# Worried about unknown or undiagnosed health problems

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*"Multiple members of my family have an autoimmune disease. I'm worried that I might have one too but I'm not sure and if I get the vaccine, I'll start showing symptoms."*

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"I understand your concerns. Because people with autoimmune disease are at higher risk of severe complications from COVID, it is generally recommended that you get the vaccine even if you have an autoimmune disease. If you do not have an autoimmune disease, the vaccine would only improve your system's ability to fight COVID."

"There are many ongoing studies examining whether the vaccine causes people with autoimmune diseases to experience flares. The evidence to date suggests that the risk of flares and other negative reactions are low. If you're concerned about a particular disease, you should talk with your doctor and see what they think. If they recommend the vaccine, we'd be more than happy to provide you with it here in the pharmacy."