

Vaccines make you sick/give you Covid

"More people have been getting sick since vaccination started. I think it's the vaccines that are causing the disease."

"This is a common belief, but I can assure you the Covid vaccine cannot give you Covid. The vaccines just teach your body to recognize the coronavirus by introducing an inactive piece of the virus. Then, if you are exposed to coronavirus later, your body will recognize it and be able to fight it off faster. Since the vaccines cause your immune system to respond, it's normal to have side effects from the vaccine that feel like Covid symptoms, such as fatigue and fever. But those vaccine side effects vary and should only last 1-3 days; you won't have Covid itself. Something to keep in mind is that it can take a couple of weeks for the vaccine to become effective, so it is possible to get Covid sometime in the week or two after getting vaccinated, but I assure you it won't be from the vaccine."

If patient asks about the vaccine causing variants:

"New variants happen because the virus goes through a natural, ongoing process of mutation, change, which happens the more the virus spreads. Getting vaccinated helps slow new variants from developing since the vaccines have been shown to reduce the ability of the virus to spread between people."